



SHSC SHST Code of Conduct for Children and Young People

All activity on the water should be safe and fun, so we all have a responsibility to promote high standards of behaviour at SHSC/SHST. As a valued member and participant in SHSC/SHST activities, you have a big part to play. That's why SHSC/SHST is asking every child and young person to follow this code of conduct.

As a child or young person, you will:

- Keep yourself safe by listening to the person who is coaching, instructing, or supervising you, behaving responsibly and always speaking out to someone you trust when something isn't right.
- When you're with us, stay in the places where you're supposed to and don't wander off or leave without telling a member of staff or trusted adult.
- Always take care of our equipment and club as if they were your own.
- Try to make it to practices or sessions on time and if you're running late, let a member of staff know.
- Bring the right kit to practice and wear appropriate kit for the weather.
- SHSC/SHST is a nonsmoking environment, so please do not smoke or consume alcohol on our premises or during practices, competitions or when representing us.
- Respect and celebrate difference in our club or activity and not discriminate against or be unkind to anyone else.
- Report any incidents of bullying, or unkind behaviour to a member of staff or trusted adult, even if you're just a witness.
- Treat other young people with respect and appreciate that everyone will have different levels of skill and talent.
- Help us to make SHSC/SHST an inclusive, friendly and welcoming place to be.
- Always support and encourage your teammates as you would expect them to do for you. Tell them when they've done well and be there for them when they're struggling.
- Respect all members of our community – our staff, volunteers and guests.
- Be a good sport, celebrate when you do well and be gracious when you don't do so well.
- Always follow the rules and most importantly of all, have fun

As a young person taking part, we understand you have the right to:

- Enjoy the time you spend with SHSC/SHST and know that you're safe and can be yourself.



- Be told who you can talk to if something's not right.
- Be listened to
- Be included.
Be involved and contribute towards decisions within the club or activity.
- Be respected by us and other members and be treated fairly.
- Feel welcomed, valued, and not judged based who you are or your levels of ability.
- Be encouraged and empowered to develop your skills with our help.
- Be looked after if there's an accident or you have hurt yourself and have your parents informed if needed.

We expect all young people to follow the behaviours and requests set out in this code of conduct. If child or young person behaves in a way which contradicts any of the points set out above, we'll address the problem straight away with parental involvement and aim to resolve the issue.

Continued issues and repeated breaks of this code of conduct may result in SHSC/SHST undertaking disciplinary procedures, which could involve temporary suspension or permanent expulsion from the club, and this is something we never want to do.